

Tiger Youth Wrestling

TigerYouthWrestlingHSV@gmail.com

Club Officers: President- Brandon Medal, Vice President- Coach Matt Jones, Treasurer- Zach Anderson

Head Coach: Brandon Medal (256)334-0544

Assistant Coaches: Anthony Luke (256)361-3363, Joe Rybacki (256)929-3321

Cost- \$200.00 per wrestler or \$340.00 per family. Provides wrestler with entry fees to (6) AYWO tournaments, shorts, t-shirt, singlet rental

Parent provided items- AAU Card (\$14 registration additional to TYWO fee), Wrestling Shoes, Headgear (optional)

Required Forms- AAU card www.ausports.org **Club Code:** **W3BWAC** and Registration form due first week of Practice

Tournament Dates- See www.AYWO.org for schedule. We will participate in **Region 1** tournaments excluding duals mostly and the state tournament.

Practice Days and Times- Mondays, Tuesdays, Thursdays from 5:30-7:00

Social Networks- Facebook/Instagram TYWO Wrestling

Home Tournament- At GHS MLK day

Tournament Volunteers- Table workers, Gate workers, Concession workers, Hospitality room ****I need a parent(s) to volunteer to put this all this together. This is a all hands on deck day.

Old Equipment- Any returning wrestlers who have shoes or headgears that no longer fit and would like to donate them to the program please see Coach Brandon.

Tiger Youth Wrestling

2023-2024 AAU-AYWO

Wrestling Season

Team Name- Tiger Youth Wrestling Organization

Club Code- **W3BWAC**

Wrestlers Name- _____

Address- _____ City- _____ Zip- _____

Date of Birth- _____ Grade- _____

AAU#- _____

Parent 1 Name- _____

Parent 1 Adress- _____ City- _____ Zip- _____

Parent 1 Phone- (H) _____ (C) _____

Parent 2 Name- _____

Parent 2 Adress- _____ City- _____ Zip- _____

Parent 2 Phone- (H) _____ (C) _____

TYWO PARTICIPATION/CONSENT FORM

Please Read and Sign

I/ We the parents of the wrestler listed above hereby acknowledge: that I give my parental permission for the above-named child to participate in the sport of YOUTH WRESTLING and all related activities unless specifically noted in writing to the director of the team named above 3 days prior to said event, I hereby grant permission to Tiger Youth Wrestling to use my photograph/video on its wrestling website or in other official Tiger Youth Wrestling publication(s) without further consideration, that **I DO / DO NOT** (circle one) have a primary health insurance policy and coverage for the above-named child, that any insurance benefits provided by membership in AAU Wrestling are excess coverage beyond any insurance carried on said child, that to the best of my knowledge the child named above has no pre-existing injuries or illnesses that would prevent him/her from safe participation in the sport of YOUTH WRESTLING, that I agree to hold any and all officials, coaches, AAU Wrestling personnel, personnel of the team named above, personnel of any tournament & practice facility harmless and free from all liability, responsibility and or damages which may occur during the above named child's participation in the sport of YOUTH WRESTLING, including personal injury, bodily injury and property damage which may occur at any tournament, practice or related activity, that risk of injury, possibly serious, is inherent to the sport of YOUTH WRESTLING, that in the absence of a parent or guardian permission is granted to coaches and directors of the team named above to consent to emergency medical treatment by a medical professional if the need arises, that I have received the WRESTLER CODE OF CONDUCT and agree to adhere to it and hold my wrestler accountable to it as well, that I have received the PARENT CODE OF CONDUCT and agree to adhere to it and hold other family members accountable to it as well (e.g., grandparents, brothers, sisters), that the \$160.00 per wrestler registration fee (\$300.00 max per family) is non-refundable and that it is my responsibility to arrange transportation for my child to practices and tournaments

X

PARENT 1

X

PARENT 2

**WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19 ASSUMPTION OF RISK /
WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT**

In consideration of being allowed to participate on behalf of Tiger Youth Wrestling and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Tiger Youth Wrestling , their coaches, directors, volunteers, officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO : (1) ANY AND ALL ILLNESS, DISABILITY, INJURIES, DEATH WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, relating to or arising from participating in wrestling to the fullest extent permitted by law, and (2) and any and all claims, actions, demands, causes of action, damages, costs, obligations, losses, expenses, liabilities, and responsibilities of any kind or nature whatsoever, whether based upon tort, contract or any other legal or equitable theory of recovery or relief, whether based upon damage, loss or injury to person or property or both, relating to or arising out of participation in wrestling with Tiger Youth Wrestling. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X

TYWO CODE OF CONDUCT

Please take a minute to read the TYWO Code of Conduct. This is something that we take very seriously.

Good Sportsmanship is #1!

The Tiger Youth Wrestling Organization (TYWO) would like our parents and wrestlers to know what we expect from them, and what they should expect from us.

TYWO has basically 3 rules: 1. Have FUN 2. Respect others including but not limited to: teammates, opponents, coaches, parents, teachers, etc. 3. Work Hard

WRESTLERS CODE OF CONDUCT:

1. No TYWO wrestler is to physically or verbally abuse any coach or fellow wrestler.
2. Wrestlers must listen to and follow the directions of all coaches. Wrestlers will be expected to work hard at practice or will be asked to sit. Wrestlers are not to be disruptive during practice or competitions.
3. If a wrestler is disruptive during practice, we will give verbal warnings, and if that fails, a parent may be required to attend all practices until the wrestler can act appropriately.
4. At all times, wrestlers must conduct themselves in a mature and respectful manner to all wrestlers and coaches. a. No unsportsmanlike yelling or cheering if a wrestler is hurt. b. Win or lose, wrestlers MUST shake hands with their opponent. (not a slap, a real handshake – hand-slaps will result in a verbal warning) c. No vulgar or obscene gestures of any kind should ever be made by a TYWO wrestler. 5. No TYWO wrestler is to use abusive and/or profane language while at a TYWO function (practices, tournaments, meetings, etc.).
6. Wrestlers should make every effort to attend all scheduled TYWO practices and tournaments.
7. Wrestlers are not permitted to play games in the wrestling room unless a coach is present.
8. The Grissom practice facility, and any school where competitions are held, are to be respected. Violation of this code of conduct will result in disciplinary action by the TYWO coaches and administration, up to and including dismissal from the team.

Possible Disciplinary Action • Verbal warnings • Practice or tournament suspensions • Dismissal from the team All TYWO wrestlers will be held responsible for compliance with the TYWO Code of Conduct.

PARENTS CODE OF CONDUCT:

1. No TYWO parent or fan is to physically or verbally abuse another parent, fan, coach, wrestler or referee. If a parent has a problem, concern or issue with a fan, wrestler or another parent, the only proper venue for discussion is with a TYWO coach, or the operator of the tournament.
2. All parents are to conduct themselves in a sportsmanlike manner: a. No unsportsmanlike yelling, such as: booing, teasing, or cheering if a wrestler is hurt or losing. No instructions to take specific advantage of any injury incurred by an opponent while wrestling. b. No unsportsmanlike gestures of any kind will be allowed.
3. Except in an emergency, no non-coach parent is to interfere with practices, meets or coaching at any time. Parents may be in the wrestling room to observe practice, but are to wait until before or after practices to interact with their child or talk with the coaches unless there is a need for immediate action.
4. Please see that your child is picked up at the designated time after practice. The coaches will try to finish practice as close to the designated time as possible.
5. At tournaments, parents should try and stay in the stands to cheer for their wrestlers. Most tournaments will require an AAU Coaching Cards to be at mat-side during matches. Parents who do make their way to the side of the mat should try and not yell wrestling moves, as many times the wrestler will start listening to the parents instead of what the coaches are telling them.
6. Do not slap or hit the wrestling mat for any reason. Slapping the mat creates confusion among the wrestlers and referees, and could cause the wrestlers to think a pin was called, when it wasn't, causing the match to end quickly. All TYWO parents, as well as their guests, will be held responsible for compliance with the TYWO Code of Conduct.

COACHES CODE OF CONDUCT:

1. I will always keep youth wrestling a positive and fun experience for my team.
2. I will encourage good sportsmanship by demonstrating positive support of all players, coaches, and officials at every practice or other youth wrestling events.
3. I will place the emotional and physical well-being and safety of my team above all other considerations.
4. I will practice positive reinforcement at all times with my team, and will reward them for their accomplishments.
5. I will read and seek to be informed about the rules of AAU/USA wrestling.
6. I will always speak to referees with respect at all times, on and off the mat.
7. I will be respectful to other wrestlers and coaches, in victory and defeat
8. I will keep an open line of communication between myself and other coaches, parents, and team administrators.
9. I will set a high level of commitment that I will encourage my team to follow.
10. I will be on the mats at all times during practice. Discussions with parents or spectators will be held before or after practice, unless absolutely necessary.
11. I will attend practices regularly in order to understand what the team has worked on, so that I may effectively coach at tournaments.
12. I will support and promote the TYWO Wrestling program, and not engage in any activities that conflicts with the best interests and goals of the club.
13. I will refrain from using profanity. All TYWO coaches and parent-coaches will be held responsible for compliance with the TYWO Code of Conduct.

2023-24 TYWO AAU Athlete/Non-athlete Membership

Club Code: **W3BWAC**

Step 1: Please go to the following web address -- <http://aauwrestling.net/Membership/SignUp.aspx>

Step #2

You will see three options; Athlete, non-Athlete, and Club

- If you're a Parent, all you need to do is sign up your wrestler for an "Athlete" \$14 membership
- If you're an Assistant Coach, all you need to do is sign up for a "Non-Athlete" membership, including the Background Check.

****If you are just a parent ALL YOU NEED, is the Athlete Card for your wrestler. If you are not coaching in your wrestler's practice room, then you're not considered a coach and do not need a NON-ATHLETE card.**

Step #2a

- Non-Athlete (Coach) o Choose "Register Now" o Choose "Create Account" o Once you have an account set up select "New Membership"
 - o Choose the Non-Athlete membership, this will include the Background Check o Fill out information on the Coach, and submit for Background
 - The BG Check will take a few days, you will be notified by email when you have been approved o Print off AAU Card, make a couple of copies
- Athlete (Individual)
 - o Choose "Register Now" o Choose "Create Account or Login"
 - o Once you have logged in or created your account, select "New Membership"
 - o Choose "Athlete Membership"
 - o Choose "Wrestling" as your sport o Choose the \$14 membership
 - o Fill out information on wrestler
 - TYWO CLUB # **W3BWAC**

Step #4

For Coaches...Concussion Training...Please go to www.cdc.gov/headsup/youthsports Take the Free Concussion Training Course and print off your certificate after completion.

2023-24 Season Age/Weight Divisions

TOT Division Born 1/1/2017 – 12/31/2018:

Weight classes: 35, 40, 45, 50, 55, 60, 65, 75, 75+(max 90)

BANTAM Division Born 1/1/2015 – 12/31/2016:

Weight classes: 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, 105, 115, 115+ (max 130)

MIDGET Division Born 1/1/2013 – 12/31/2014:

Weight classes: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, 150, 150+ (max 180)

NOVICE Division Born 1/1/2011 – 12/31/2012:

Weight classes: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 150, 150+ (max 180)

SCHOOLBOY Division Born 1/1/2009 – 12/31/2010:

Weight classes: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 220, 250